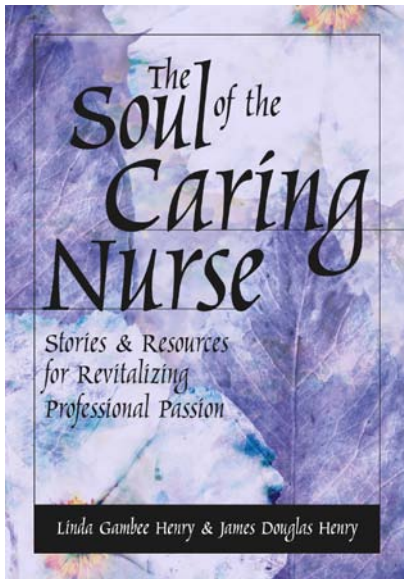


CONTENTS – ***THE SOUL OF THE CARING NURSE: STORIES AND RESOURCES
FOR REVITALIZING PROFESSIONAL PASSION (00)***
by Linda Gambee Henry and James Douglas Henry



Part I. Nurses Stories From the Heart

MIDWIFE AT THE EXIT

Christine Hall, BA, RN, CHPN
Wounded healer who paints her patients

**JOE'S MOM—A STORY OF
TRANSFORMATION**

Lisa M. Wayman, MSN, RN
*ICU nurse: A mother's pain, a
professional's passion*

**DANCING WITH THE ATOMS IN THE
UNIVERSE**

Deborah McElligott, RN, ANP, HNP
*Holistic nurse practitioner: Visionary with a
healing plan*

TENACITY WITH A SMILE

Steven H. Brant, BSN, RN, PHN
Navy nurse: Committed optimist

GIVING SMALL GIFTS

Janet E. Hersh, RN, CNICU, CCRN
ICU nurse: Empathy and imagination

EMPOWERING PRESENCE OF HEART

Diane M. Newman, BSN, RN

Cardiac nurse: Work as a kind of love

COMPASSIONATE CATALYST

Susan Huntley, RN
Clinic Nurse: Enabling energy to flow

FELLOW SOJOURNER

Joan E. Purdon, MSN, CS, RN
Parish nurse: Nursing spirituality

I CAN DO THAT!

Dee Lowe Horn, RN
*Home care nurse: Enterprising up-front
organizer*

**CONNECTING THROUGH COMPETENCE AND
COMPASSION**

Carolyn Spence Cagle, PhD, RNC
Nursing professor: Change agent

ANYTHING'S POSSIBLE

Sister Peggy Fannon, RSM, RN, CDE
Merciful patient educator

ADVOCATE AT THE END OF LIFE

Eve-lynn Civerolo, RN
*Hospice nurse: Passion for helping others
pass on*

**LET'S GET BUSY! LOOKING FOR THE
POSSIBLE**

John Hanson, BS, RN
*Former Traveling Nurse: countries, states,
years*

WE'LL GET THERE!

Karen D. Beatty, MSN, RN, BSN
*Visiting nurse: African American PIPE
queen*

NURSING IN THE FOXHOLE

Amy Brown, BSN, RN
*Psychiatric nurse: Unconditional positive
regard*

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HAVE A PLAN

Bettina Pangan, BSN, RN
Clinical analyst seeing both sides of care

SOCIAL NURSE-A-WORKER

Marianne Davis, RN
*Legendary strategist: Piloting people
through the healthcare maze*

PASSIONATE TENACITY

Naomi Mason, BSN, RN, PHN
*Native American Shoshone obstacle
remover*

CARING WITH A DISCERNING EYE

Sandi Harding, MA, RN
Parish nurse: Hugs and blessings

***Part II. Strategies for Organizational and
Individual Caring: Creating Healthy,
Caring Organizational Cultures: Strategies
and Resources***

The Role of Leadership

A New Facility, A New Culture: Harrison
Memorial Hospital

Core Leadership Competencies: Baptist
Health Care

Education and Staff Development

Compassionate Communication: Harrison
Memorial Hospital

Cost Savings Through Staff Care: MultiCare
Regional Cancer Center

Reigniting Nursing Passion: Colleen Person

Nominal Group Technique: Inge
Christensen

Models for Caring

A Magnet Facility: University of Colorado
Hospital

A Planetree Affiliate Facility: Longmont
United Hospital

The Caring Model™: Sharon Dingman's
Synthesis of Caring Theories

Caring for Your Nursing Career

Parental Influence on Careers

Rearview Mirror Exercise

Establish and Participate in a Speaking
Event

Pay Attention to Your Words

Pay Attention to Your Body

Talk to Your Guardian Angel

Take Yourself to the Bookstore

Whose Job Do You Want?

Two Instruments, One Goal: Finding the
Gifts of You

Skill Clusters Inventory

Instructions

Transferable Skills Card Sort

Nursing Career Interests

Strategies and Resources for Nurse Self-Care

Connect to Community

Build Healthy Relationships

Share Your Story and Listen to the Stories
of Others

OH Cards

A PBS Home Video on Everyday Spirituality

A Book of Storytelling Starters

A Book for Work Groups

Some Internet Sites

This Book

Call a Circle

Visit the "Nurses Are Angels" Web Site

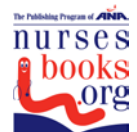
Focus upon Possibilities, Not Problems

Explore the Expectations of Others and
Communicate Your Expectations

Practice Appreciative Inquiry

Live Your Life with Intentionality

Anchor Yourself in the Present Moment



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Care Enough Not to Actively Care
Practice the Art of Human Complexity
Laugh and Engage Humor
Live with Open-Ended Questions
Pray
Practice Meditation
Live Simply
Practice Forgiveness
Prepare Food and Eat Soulfully
Connect with Nature
Exercise
Join the International Association for
Human Caring (IAHC)
Join the Relationship-Centered Care
Network
Participate in the Nurse Manifest Network
Explore Holistic Nursing
Take a Vow-of-Kindness Pledge
Give Yourself a Sabbath Day
Listen
Listen to Music
Complete the Self-Care Audit
Develop a Self-Care Plan
Reflections on Caring: The Cycle of Self and
Others

Appendix, Sample of Interview Questions

Notes

